



MY TRUE ENERGY

Energy Healing Retreat

with Diana Bomeny



September 5th to 10th | Mallorca - Spain



In these days at Son Boronat

you will find happiness...

In the idyllic countryside of Calvià, Mallorca, Finca Hotel Son Boronat is a charming place with an amazing view over the rolling landscape.

We invite you to join this Energy Healing Retreat and bring happiness to your soul.

Finca Hotel Son Boronat | Boutique Hotel & Agroturismo

Camí de Son Boronat, 33 07184 Calvià, Illes Balears

🌐 hotelsonboronat.com



*Do you know how to heal the
body using our energy?*

**During the retreat, these are
the activities that will help
you in this process:**

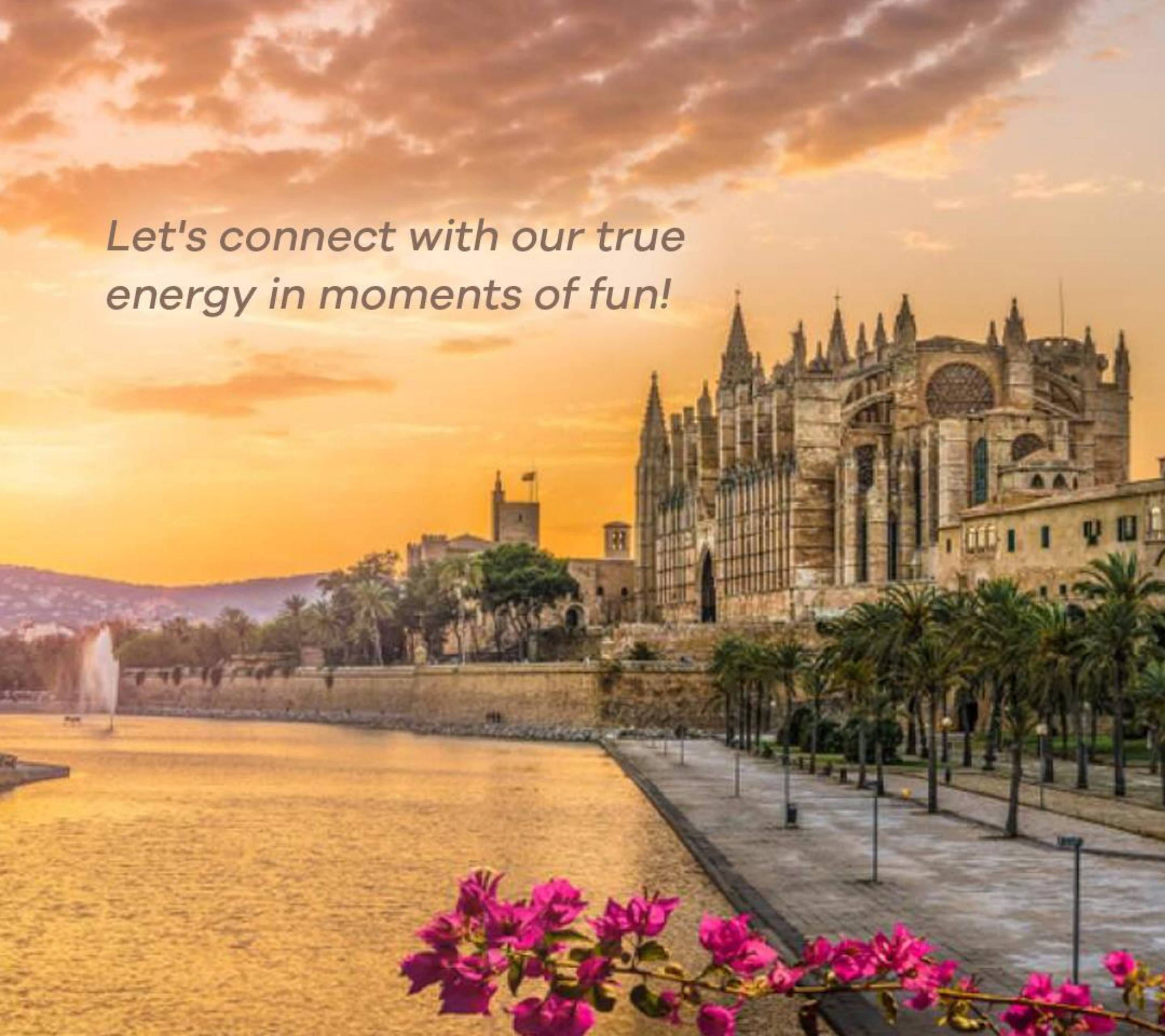
- ✦ Crystal Healing
- ✦ Healing Circle
- ✦ Kundalini Yoga
- ✦ Meditation
- ✦ Soundhealing
- ✦ Chakra Activation
- ✦ Breathwork
- ✦ Cacao Ceremony



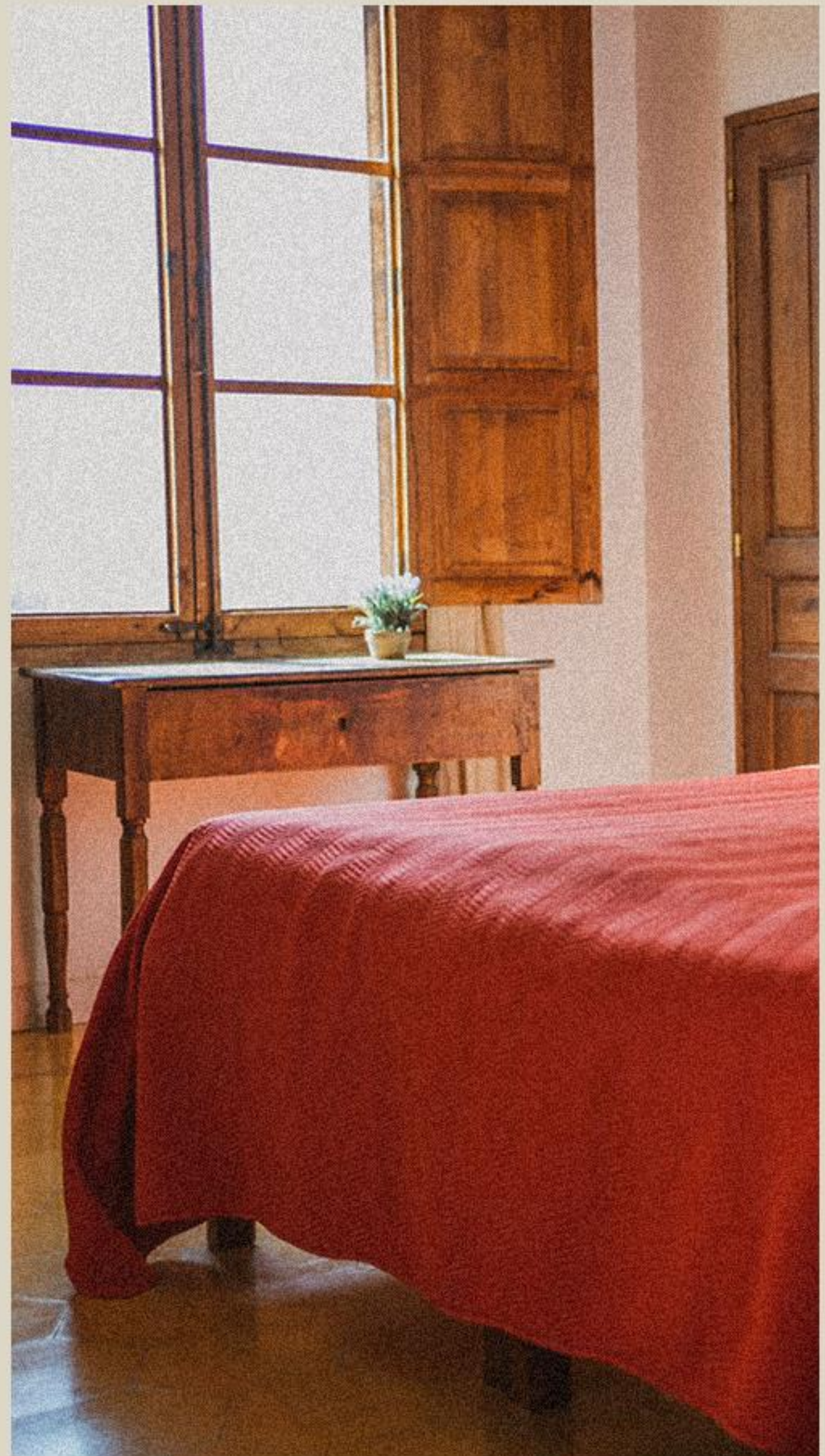
✦✦ And enjoy the moment to inspire your life ✦✦



*Let's connect with our true
energy in moments of fun!*

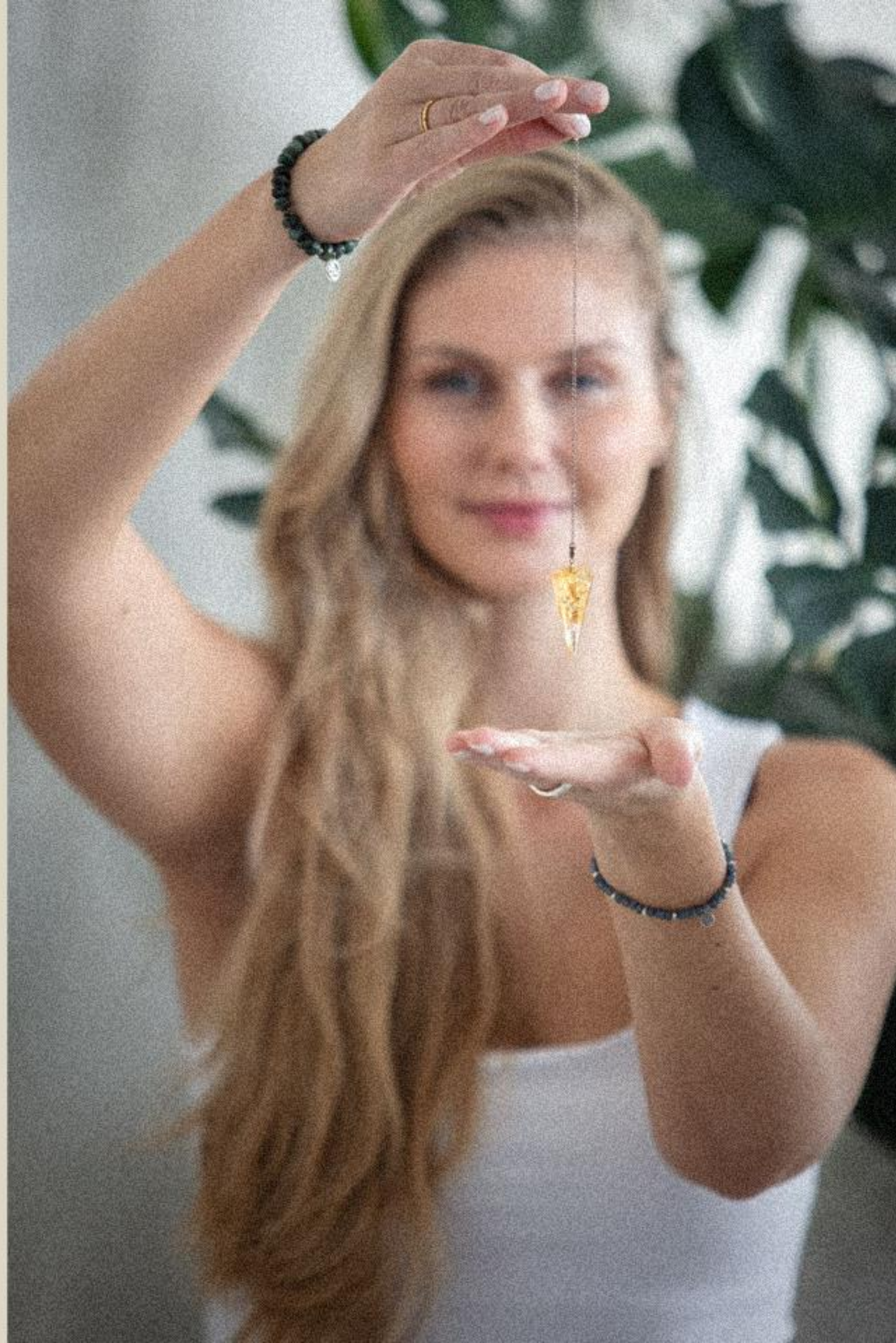


*You will have
time to relax...*





*Experience peace
and the healing
energy of crystals.*



A photograph of a pink orchid plant in a dark brown ceramic pot, sitting on a wooden table. The orchid has several long, slender green leaves and a cluster of pink flowers with white centers. The background is a warm, brownish-gold color.

schedule

Day 1

- 5:00 pm** Welcome Drinks
- 6:30 pm** Dinner
- 7:30 pm** Welcome Circle & Meditation

Day 2

- 8:00 am** Kundalini Yoga & Meditation
- 9:30 am** Breakfast
- 10:30 am** Crystals Workshop
- 12:30 pm** Lunch at the Hotel
- 4:00 pm** Free time and shopping around Palma
- 8:00 pm** Dinner at the City

Day 3

- 8:00 am** Breakfast
- 9:30 am** Energy work & Crystal Grids
- 12:30 am** Lunch at the hotel
- 2:00 pm** Boat Around Mallorca
- 5:00 pm** Sunset Boat Ride
- 8:30 pm** Dinner

Day 4

- 8:00 am** Breakfast
- 9:30 am** Hike at Soller with forest meditation
- 1:30 pm** Lunch at Port Soller
- 2-5 pm** Free time
- 6:30 pm** Chakra Activation
- 8:00 pm** Dinner at the Hotel with Music

Day 5

- 8:00 am** Breakfast
- 9:30 am** Beach Club Day
- 4:00 pm** Return to the hotel
- 7:00 pm** Dinner
- 8:30 pm** Cacao Cerimony

Day 6

- 8:00 am** Breakfast
- 9:00 am** Healing Circle
- 11:30 am** Check-out

*Crystal Healing and
Energy Healing will
connect us with the
universe.*





*and being in the
present moment.*





Let's enjoy the energy of this place...

Healing is an every day process.



*Diana Bomeny will inspire you,
with her unique energy and
love for what she do as a healer
and kundalini yoga teacher.*



Our Healer

Diana Bomeny was born in Stockholm, Sweden and began her holistic journey in 2012 when she discovered her love for Kundalini Yoga. She then went on to study this dynamic style of yoga and later certified as an instructor.

She continued to study Meditation, Breathwalk and Breathwork as well as facilitating Sound Healing Sessions. Diana is a certified Advanced Crystal Healing Therapist, offering a unique healing modality that treats a person's energetic field, through the use crystals and gemstones, to restore, renew, balance and align the body and mind. She is the co-founder and designer of Själs Kärlek, jewelry with a meaning and owner of Hotel Son Boronat in Mallorca, Spain.

In this retreat she will be our healer to help how to find out the best way to open the doors for the holistic new earth consciousness.

About My True Energy



My True Energy will connect you with all holistics and healing instruments to have high levels of energy and open space to feel the power of the universe and find out a better life style in a lighter way.

Karin Hlavnicka is a holistic passionate, she found My True Energy in 2020 with the mission to connect healers and souls in workshops and retreats. She choose special places where the healing tools will help her clients to discover the true energy and connect body, mind and spirit.

Registration & Payment

Our retreat price include all workshops, healing moments and activities in Mallorca, hotel and food at Son Boronat for the 5 nights.

\$2.222,00 in double bedroom 4 payments: 1 per month (June, July, August and September).

After August 5th: \$2.800,00 in 2 payments (1 payment for reservation and 2nd 10 days before the retreat).

Registration by e-mail: shopmytrueenergy@gmail.com

Registration by phone or WhatsApp: +55 11 963935646

We can't wait to have you with us!



MY TRUE ENERGY

@ mytrueenergy

What is included

- 5 nights at Son Boronat Hotel
- Menu meals at the hotel
- Healing activities & ceremony
- Transportation around the island
- Mallorca fun & happy activities

What is not included

- Flight tickets
- Restaurants at Mallorca (food & drinks)
- Alcoholic drinks at the hotel & outside
- Any extra activities outside our group schedule
- Massages & terapys at Son Boronat

***The retreat is
for everyone!***

You can join us
by yourself,
with friends or
in couple.



MY TRUE ENERGY
@ mytrueenergy